

PALESTRA SCUOLE ELEMENTARI

ORARIO	LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO	DOMENICA
16.30/17	DANZA		GINN. RIT.	DANZA			
17.00/17.30	DANZA		GINN. RIT.	DANZA			
17.30/18.00	DANZA		GINN. RIT.	DANZA			
18.00/18.30	DANZA		GINN. RIT.	DANZA			
18.30/19.00	DANZA		GINN. RIT.	DANZA	BOXE-UP		
19.00/19.30	BOXE UP		GINN. RIT.	DANZA	BOXE-UP		
19.30/20.00	BOXE UP	PILATES		PILATES	BOXE-UP		
20.00/20.30	BOXE UP	PILATES	BOXE UP	PILATES	BOXE-UP		
20.30/21.00	BOXE UP	TOTAL BODY	BOXE-UP	TOTAL BODY	M. UOMINI		
21.00/21.30		TOTAL BODY			M. UOMINI		
21.30/22.00					M. UOMINI		
22.00/22.30							
22.30/23.00							